



# The BHF SENIOR-RITA Trial Newsletter

Issue 6: April 2017

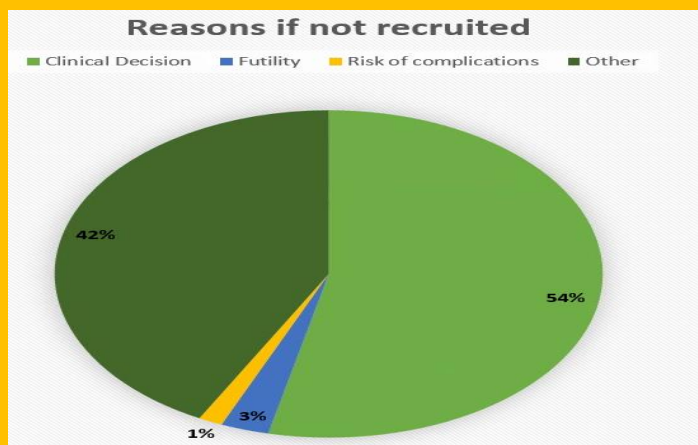
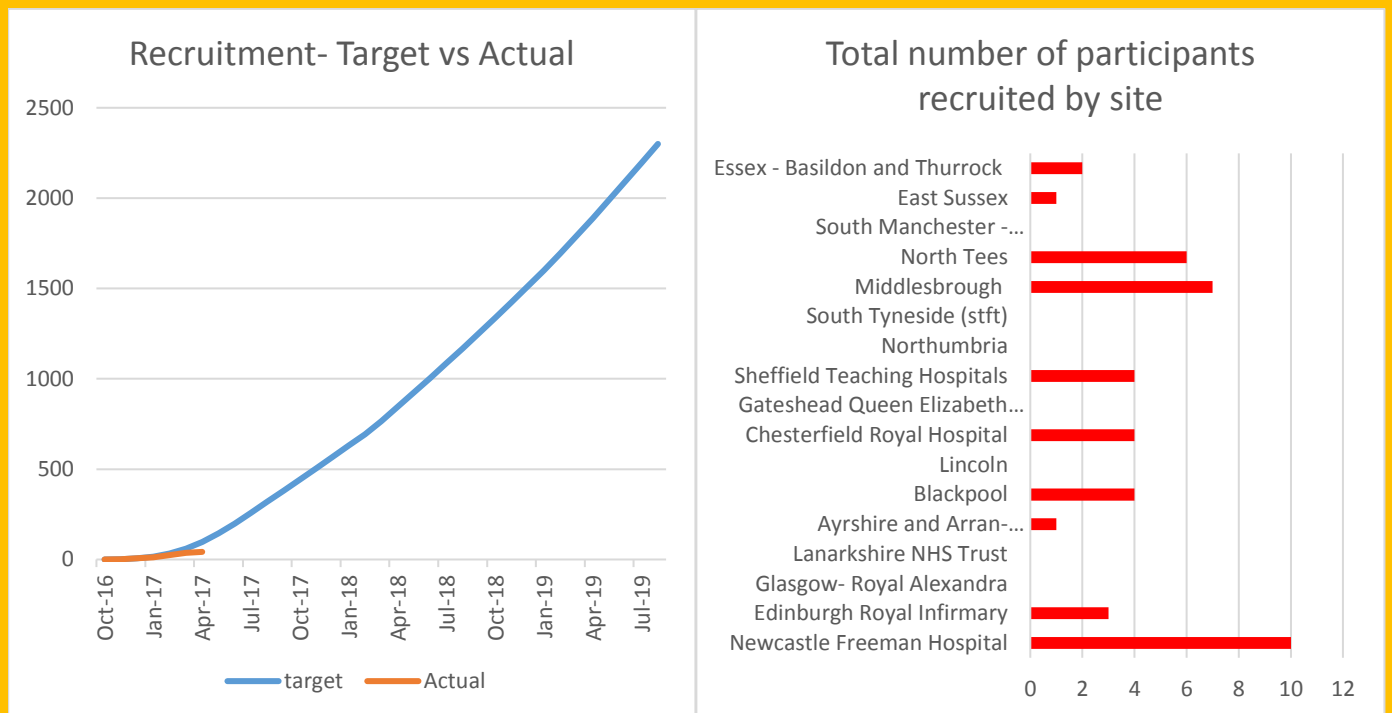


**Dear SENIOR-RITA Investigators and Team,  
Welcome to the April 2017 edition of the BHF SENIOR-RITA newsletter.**

Many Congratulations to **Dr Lennie's team at Ayrshire & Arran** and **Dr. Runnett's team in Northumbria** for randomising their first patients to the SENIOR-RITA Trial! This is wonderful, thank you!!!

This month also has seen Dr Carter's team at North Tees, Prof Newby's team at Edinburgh and Dr Austin's team at South Tees all randomise patients to the SENIOR-RITA Trial. We would like to thank you very much for all your hard work in screening all potential patients to enable us reach our target!

As you can see in the chart below, we are behind schedule, however with many more new sites opening we hope to catch up with the recruitment very soon. Of course with all of your help and support.



**211 patients screened so far. 54% of patients not approached for the trial due to a clinical decision already being made before patients are given opportunity to consider SENIOR-RITA**

**OTHER REASONS FOR NON-RECRUITMENT:**

- Dementia/capacity (Scotland)
- Patient/Carer declined
- No troponin rise, Type 2 NSTEMI
- Treatment plan in place
- Out of area
- Research personnel not available

Working together as Newcastle Academic Health Partners

## Trial Recruitment Update

SENIOR-RITA Sites	Principal Investigator	SIV	Date active for R <sup>+</sup>	No. Recruited
Newcastle	Dr. Vijay Kunadian	20/09/2016	31/10/2016	10
Blackpool	Dr. Gavin Galasko	25/10/2016	15/11/2016	4
Chesterfield	Dr. Paul Sheridan	23/11/2016	30/11/2016	4
Edinburgh	Prof. Dave Newby	04/10/2016	01/12/2016	3
South Tees	Dr. David Austin	05/10/2016	02/12/2016	7
Essex	Dr. Rajesh Aggarwal	01/12/2016	02/12/2016	2
Gateshead	Dr. Ray Meleady	07/11/2016	09/12/2016	-
South Tyneside	Dr. Abdul Nasser	31/10/2016	16/12/2016	-
Sheffield	Prof. Rob Storey	08/11/2016	25/01/2017	4
Lincoln	Dr. Kelvin Lee	12/01/2017	27/01/2017	-
East Sussex	Dr. Robert Gerber	31/01/2017	21/02/2017	1
North Tees	Dr. Justin Carter	02/02/2017	23/02/2017	6
Glasgow – Royal Alexandra	Dr. Keith Robertson	29/11/2016	28/02/2017	-
South Manchester	Dr. Freidoon Keshavarzi	15/02/2017	15/03/2017	-
Ayrshire and Arran	Dr. Vera Lennie	17/01/2017	22/03/2017	1
Northumbria	Dr. Craig Runnett	10/02/2017	27/03/2017	1
Lanarkshire	Dr. Ross McGeoch	16/11/2016	30/03/2017	-
Durham and Darlington	Prof. Jerry Murphy	16/03/2017	TBC 2017	-
Plymouth	Dr. David Sarkar	18/04/2017	TBC 2017	-
Borders	Dr. Paul Neary	21/04/2017	TBC 2017	-
London – Royal Free	Dr. Roby Rakhit	24/04/2017	TBC 2017	-
Surrey & Sussex	Dr. Shrilla Banerjee	28/04/2017	TBC 2017	-
Mid Essex	Dr. Gerald Clesham	02/05/2017	TBC 2017	-
Imperial College	Dr. Rasha Al-Lamee	09/05/2017	TBC 2017	-
Aberdeen	Dr. Awsan Noman	TBC 2017	TBC 2017	-
Dundee	Dr. John Irving	TBC 2017	TBC 2017	-
Swansea	Dr. Dave Smith	TBC 2017	TBC 2017	-
North Wales – Glan Clwyd	Dr. Satheesh Nair	TBC 2017	TBC 2017	-
Royal Berkshire	Dr. Charlie McKenna	TBC 2017	TBC 2017	-
Wrightington Wigan & Leigh	TBC	TBC 2017	TBC 2017	-
Torbay & South Devon	Dr. Phil Keeling	TBC 2017	TBC 2017	-
Glasgow - Queen Elizabeth	Prof. Colin Berry	TBC 2017	TBC 2017	-
North Cumbria	Dr. Louise Buchanan	TBC 2017	TBC 2017	-
Leeds	Prof. John Greenwood	TBC 2017	TBC 2017	-

### Some statistics from the MINAP Report 2014/15...

- ✚ In the UK, over 80,000 patients have MIs every year
- ✚ ~60% of these are NSTEMIs
- ✚ Half of NSTEMI patients were over 72 year old patients
- ✚ We are looking to recruit **2300 patients ≥75 years of age UK wide over 3 years** to address an important day to day question
- ✚ Please provide every NSTEMI patient aged ≥75 years and their family an opportunity to consider SENIOR-RITA

## **Definition of an SAE for SENIOR-RITA**

Complications directly related to coronary angiography or revascularisation procedure occurring within seven days of the procedure must be captured as an SAE. Should the following conditions occur within the 7 days of the Invasive procedure, a paper SAE form will need to be submitted to NCTU (fax to 0191 5800866) within the 24 hours of becoming aware of the incident:

- Death
- Myocardial infection (Type 4a and 4b)
- Major bleeding (BARC definition  $\geq 2$ )
- $\geq 25\%$  increase in serum creatinine concentration from baseline
- Need for renal replacement therapy
- Stroke

Should the above conditions occur after the seven days of the invasive procedure, this will not be recorded as an SAE but documented as an outcome measure on MACRO.

SAEs will not be recorded for patients on the conservative arm but documented as outcome measures on MACRO.

## **Patient and Public Representation in SENIOR-RITA**



Jaki (Trial Manager SENIOR-RITA) recently met with Mr. David Inness who is a volunteer with Voice North, which is an organisation based in Newcastle University that aims to capture the public's vast experience, ideas, opinions and expectations about research, innovation, and policy developments which affect their lives. Mr Inness is our Patient and Public Representative for this trial and is a valuable member of the Trial Steering Committee providing the patient perspective. During their meeting, Mr Inness commented that *"from my own personal experience I am interested generally in this kind of topic and I felt it was a very worthwhile thing to see that patients who are 75 plus are being given the best treatment not necessarily the standard version. I am very keen to see this trial progress and that the results, whatever they may be, come out for the benefit of people...and will in the long term, hopefully give people a longer life with better quality"*

Please remember to keep checking The SENIOR-RITA website <https://research.ncl.ac.uk/seniorrita/>

Also, don't forget to follow us on Twitter   
[@SNR\\_RITA\\_Trial](https://twitter.com/SNR_RITA_Trial)

SENIOR-RITA Investigator meeting will be held at Manchester Central during the BCS Conference. Full agenda to follow. Do join us there!



Please contact Jaki Begum (Trial Manager), Carol Shields (Trial Administrator) or Laura Robertson (Trial Secretary) at Newcastle Clinical Trials Unit with any questions  
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*Working together as Newcastle Academic Health Partners*